

Your Patient-Centered Medical Home

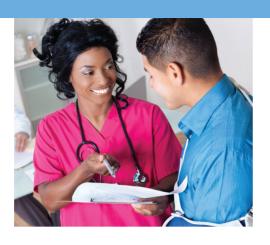
Inova Medical Group





Coordination

Patient-Centered Medical Home (PCMH) is an innovative care approach proven to achieve higher quality of care and healthier outcomes for patients through better care coordination. It is designed to meet every aspect of your health including ongoing care, illness prevention, urgent care needs, as well



as health education and resources. Whether your care involves treatment from a provider outside of or within Inova's vast specialist network, your primary care physician is informed and coordinates the care you receive. As a PCMH member, please be sure to inform your provider of any care you receive outside of Inova so it can be documented in your health record.

If your medical needs are urgent, after hours care is provided at any of our six Urgent Care Centers or 24/7 emergency services are available at our five Inova Hospital Emergency Departments.

Partnership

The foundation of PCMH is the close partnership formed with you and one of our highly-skilled and board certified or board eligible providers who oversee every aspect of your medical needs. Your personal care team works in concert with you and your physician in helping you set health goals and developing you care plan to reach those goals.

RECOGNIZED PRACTICE

Quality Care

The PCMH approach enhances the quality of care you receive by making time spent with your physician more meaningful. Your care team assists by performing in-depth chart reviews



prior to your appointment and ensures that lab tests are completed before you arrive so that results are discussed during your visit. They also assure appropriate follow-up tests are scheduled and completed in time for your next appointment. You'll also receive a visit summary after each appointment that allows you to review additional education, your care plan outline and next steps.

Using our electronic medical record system, we can better coordinate your care and identify the need for follow-up, additional treatment plans and overdue wellness screenings. It also allows your physician to improve the quality of your care with proven best care practices. You will find your satisfaction, involvement and overall health are enhanced by using MyChart® — a free, easy, and secure way to view your personal medical information and communicate directly with your care team online.



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MyChart® Online Access

- 24/7 access via phone and patient portal to your care team
- Free and secure access to your medical information and history
- Schedule appointments (after your first visit)
- View test results
- Request prescription refills
- Track your medications
- · Access self-care information
- Communicate easily with your healthcare team
- Pay your bills

Appointments

Same day, extended evening and morning appointments are available. You may also make an appointment request online through MyChart or at *inovamedicalgroup.org/appointment*. Your clinic staff will provide you access to MyChart.

To schedule an appointment by phone, call 1.855.IMG.DOCS (1.855.464.3627).

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For a complete list of all PCMH Recognized practices, visit inovamedicalgroup.org/pcmh

For more information visit inovamedical group.org

For more information on our hospitals and urgent care facilities, visit inova.org

